



The Spindrifter

September, 2017
Volume 44, Issue 1



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General Meeting-Members Only
Thursday, September 14, 2017

Please note date change

CONGREGATION BETH ISRAEL

9001 TOWNE CENTRE DRIVE, SAN DIEGO

**Parking garage on site; Enter from Golden Haven Drive
Use parking validation in the meeting foyer**

9 –10 am Hospitality hour

10-10:30 am Business meeting

10:30-11:45 am Program



KEEPING AHEAD OF THE BAD GUYS IN THE GARDEN

CHERYL WILEN, Ph.D.

Cheryl Wilen is the “go-to” expert for fighting pests and weeds in the garden. Her advice — “Get ‘em while they’re young!” Area Integrated Pest Management Advisor as well as IPM Advisor Extension Coordinator: Endemic and Invasive Pest Diseases Strategic Initiative Leader—this is our speaker, Dr. Cheryl Wilen.

From 1995 to the present, she has been the Area Integrated Pest Management Advisor for Orange, Los Angeles, and San Diego Counties.

She earned her B.S. in Horticulture from the University of Maryland with an emphasis in fruit and vegetable production. She went on to receive an M.S. in Horticulture at the University of Arizona before receiving her PhD in Botany at University of California Riverside with emphasis on weed physiology and ecology. Cheryl has earned many titles and achievements in the Department of Botany and Plant Sciences at UC Riverside.

She has written extensively on pest and weed management, but her list of publications and areas of expertise span everything in the garden and beyond!

*~From the Presidents' Desk~***Welcome!**

Welcome to the start of our 2017-2018 Club year, and welcome to our fifteen new members, who bring fresh ideas and talents to enrich our club. You will recognize them by the green flowers on their name badges. Please seek them out, and make them feel an active part of our club. September is a month when we change gears from the relaxing last days of summer to the invigorating start of fall. Anticipation is in the air; it's a new season in our gardens, and in our Club we have changes too.

As VGCLJ's first co-presidents, Bonnie and I feel honored to lead this talented club. We so appreciate our Governing Board who have been working through the summer to produce the wonderful events you will find in the Yearbook. We hope you will be as excited as we are about the plans for the coming year.

Life is never without challenges, and the need to change our first meeting to September 14 presented a considerable challenge to the committee chairs. Bonnie and I are so grateful for the way in which everyone has risen to the challenge. Sadly, some of us, including myself, will be absent for the September meeting due to travel commitments that couldn't be changed. The need for this early date will occur again in 2020, but then we will know to plan for it. It was also necessary to move our November meeting to November 30th, the week after Thanksgiving. We hope this can be avoided in future.

This year we decided that our meetings (with the exception of floral design presentations) will be held in the Social Hall. We hope you will find the more intimate space, the better viewing of slide presentations, and keeping our refreshments nearby a welcome change.

In our Yearbook you will find a few more changes. Expressions in Art & Flowers will be held a month earlier to make it easier for our floral designers to participate in both our show and Art Alive at the Museum of Art. You will also see that two of our workshops will be held on a non-meeting day at a member's home rather than following the monthly meeting. We are in for a double treat!

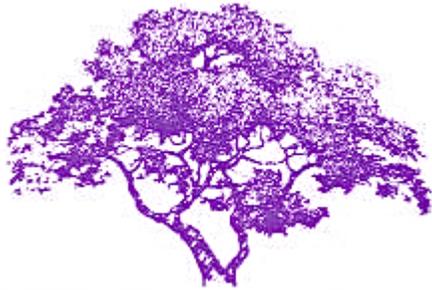
While refreshments are always tempting, be sure to browse the committee displays. Horticulture will be giving a demonstration of caring for garden tools. Look also for treasures to be found at the Plant and Garden Exchange and at Ways & Means, who are bringing some new and intriguing opportunities that you won't want to miss! You will want to sign up for Field Trips and Workshops although not everything will be available for sign up in September. If events sell out, be sure to put your name on the waiting list so we can gauge the level of interest for future reference! Note that at this meeting we will be voting on our club budget for 2017-2018. Members can review it before the meeting by going to our website, www.vgclj.com.

Finally, Bonnie and I would like to give special thanks to those whose work behind the scenes enables our club to run smoothly: Mercedes Bartolomei Penner, Kate Engler and Donna McClay for their work in producing our Yearbook; Sara Carpenter, Dodie Williams, Robin Vandever and Kate again for their work in processing the membership data; and Cindy Lococo for her work as our Treasurer. It's our hope this year to make committee work easier – less time in front of our computers, and more time in our gardens!

Bonnie Sipe and Penelope West, Co-Presidents
"One who plants a garden, plants happiness"

Remember or Honor Someone by Donating a Lovely Jacaranda Tree

The drought left our planting program high and dry for two years, but we're thinking green again! We are back to accepting donations to plant Jacaranda trees to remember a loved one or honor a special person or occasion. Each donation is \$50. Anyone can donate – club members or club supporters. Just look for the donation form in your yearbook, or pick up one at the Jacaranda display table at our first meeting on September 14.



We plant the trees, free of charge, in venues where the public can enjoy them. All we ask is that the venue have a water source for the tree. Here are just some of the high-profile places we have planted trees in recent years: the downtown Central Library, Horton Plaza Park, the Miramar National Cemetery, the Embarcadero Esplanade on Harbor Drive, Morley Field in Balboa Park, and the La Jolla YMCA.

This is a beautiful way to remember someone you love or honor someone or something that is important in your life. The memories you cherish will live on in the beauty of the tree. For more information, contact Linda Shaw at lindadshaw@att.net or Jan Nelte at jannelte@icloud.com.

HORTICULTURE

At our last meeting in May, we paid tribute to the gardens of our club by showing photos and drawings of our members' gardens and plants. It was a delight to see the pictures and samples of the plants grown in these gardens as well. This is what our committee is all about, and we invite all of you to participate in showing and sharing your plants and your knowledge of them. Our love of nature, gardens, plants, and flowers and how we relate to society through this love is a very large part of why our wonderful garden club exists in the first place, so please show and share with us each month. You will find it both enlightening and delightful.

The Special Exhibit for September will be "How to Sharpen & Oil Garden Tools" by Jim Stelluti and Leisa Wilson at our tables. Please stop by.

Eva Richman



FIELD TRIP

We are excited to announce the first field trip of the year. It will be Tuesday October 24th.

We will be picked up by luxury bus at 7:30 am. Then we will be off to our first stop, Rogers Gardens in Newport Beach, to start the day off shopping. From there we will leave for The Sherman Library and Gardens in Corona del Mar followed by the McCharles House and Garden in Tustin where we will have a wonderfully prepared tea/champagne lunch made by the owner and chef, Vivian. The garden will be enchantingly decorated for fall. Our next stop after lunch will be Old Town Orange for a workshop with crafts at The Potting Shed. There should also be time to shop in the quaint shops in Old Town Orange as well. We anticipate getting back between 7:00 and 7:30 pm.

This trip will be limited to 36. Payment must be received in full in order for you to be added to the trip. There will be no refunds. If you pay and you are unable to attend, hopefully, you will be able to find someone to take your place.

The cost is \$ 175.00. Sign up at the first meeting.

Looking forward to our first field trip.

Field Trip Co-Chairs

Susie Dentt 619-447-2101

Kathleen Rains 619-593-0604



PLANT EXCHANGE TABLE

Now is a great time to cut back all those plants that have been growing like crazy over the summer or dig out any extras and bring them to the Plant Exchange Table at our September 14th meeting. Be sure to label them if you can. Also, feel free to bring any old or new pots, decorative items, soil, and any unused garden tools that you no longer need. Thanks in advance. We look forward to seeing you!

Linda, Suzanne, and Clara

Autumn Workshop

Make and Take by Feather Acres Nursery

Halloween is busting out at Kathy Peterson's house in October. Please join the ghosts, witches and other brave souls to create fantastic autumn décor at our workshop. You will take home a delightful creation to display in your home.

Ghoulish refreshments will be provided.

Date: Thursday, October 12th, 2017

Time: 10 AM

Workshop Fee: \$25

Kathy Peterson's Home
440 San Lucas Dr.
Solana Beach, CA 92075
858-481-8050

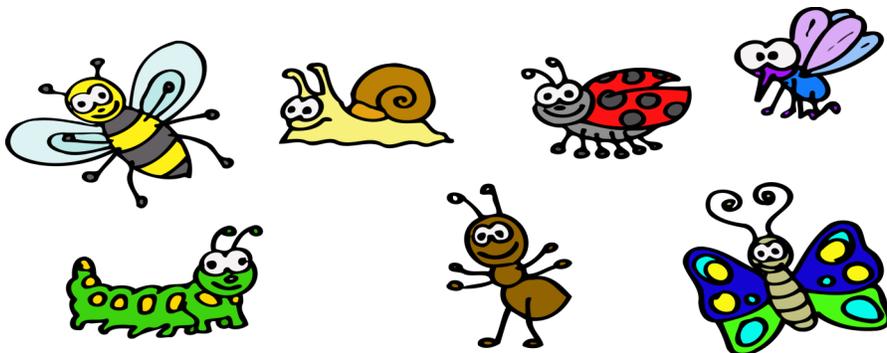


*The Autumn Workshop sign up
will be held the first meeting!*

Master Gardeners

For those of you who are not familiar with Master Gardeners, they are volunteers trained by the University of California Cooperative Extension. Their purpose is to provide information on urban horticulture, pest management, and sustainable landscape practices. At each of our monthly meetings, Master Gardeners will feature a different topic and will be available to answer your gardening questions.

To tie in with our speaker Cheryl Wilen, we will have a display on integrated pest management (IPM). Before reaching for a pesticide, home gardeners can select from nonchemical methods such as cultural, mechanical barriers and the use of biological controls. IPM is a method used to solve pest problems with the least impact on humans and the environment.



UPCOMING GARDENING EVENTS

Sept. 2, 3, 10, 24, Oct. 7 & 8 – Sat./Sun. (multiple) Master Gardeners

Bring your questions on gardening issues, pest management, irrigation, etcetera and get help from a certified Master Gardener.

www.mastergardenerssandiego.org



Sept. 9 Sat. (a) & Oct. 7 Sat. (b)

San Diego Botanica Garden

(a) “Gala in the Garden” Stunning floral décor, silent auction, musical entertainment.

(b) Orchid Clinic Sessions by experts giving info on how to select & grow orchids, www.sdbgarden.org

Sept. 10 Sun (a) & Sept. 23, 24 (b) Sat./Sun. San Diego Bonsai Club

(a) Regular meeting: Show preparation

(b) 52nd Annual Fall Bonsai Show Amazing bonsai will be on display and for sale. Come early for best selection.

www.sandiegobonsaiclub.co

Sept. 11 Mon. (a) & Oct. 9 Mon. (b)

San Diego Horticultural Society

(a) “20 South African Plants Every Home Landscaper Should Know” Frank McDonough

(b) “Designing with Succulents in the New San Diego Garden” Debra Lee Baldwin sdhort.org

Sept. 17 Sun. (a) & Oct. 2 Mon. (b)

California Garden Club / Palomar District

(a) Special Program “Fall Holiday Show”

(b) Robert Gordon designs “Through the Years” www.californiagardenclubs.com/palomardistrict

Sept. 22, 23, 24 Fri./Sat./Sun.

San Diego Master Gardeners at the Home & Garden Show

Handcrafted unique birdhouses for sale. Get answers to your gardening questions.

www.mastergardenerssandiego.org

Oct. 1 Sun.

Master Gardeners

Good Food Community Fair

Artisanal food, cooking demos, art music, and discussion panels with local farmers, fishermen, chefs, food producers, etc. www.mastergardenerssandiego.org

By Margie Smith-Haas

Please be sure to check individual organization’s websites for details and updated information since this posting.

“But now in September the garden has cooled, and with it my possessiveness. The sun warms my back instead of beating on my head ... The harvest has dwindled, and I have grown apart from the intense midsummer relationship that brought it on.”

- Robert Finch



THE PHYSICIAN IN THE GARDEN - 28

More About Spinosad

Arthur Dawson



When I wrote about spinosad for the January issue of *Spindrifter*, my information came mostly from the Internet. Since then, it's been my main agent for insect pest control. and I'd like to share my experience.

We have intensely planted our garden with vegetable and fruits for close to half a century. With a year-round growing season, it's impossible to practice proper crop rotation, and more and more of our standby varieties have fallen prey to a buildup of pathogens and parasites. Three pests have become especially troublesome in the last two or three years.

The peach twig borer (*Anarsia lineatella*) is a nasty piece of work. The adult moth lays its eggs in cracks and fissures in the bark where they spend the cold season. The larvae emerge before and during bloom. On the new shoots they produce characteristic browning and wilting of the tips though they don't much compromise the growth of a healthy tree. They burrow into the fruit from the stem end leaving a mature peach that doesn't look too bad externally. However, when you cut into it, you'll find the flesh blackened and spoiled all around the stone. You may be able to salvage some of the flesh with aggressive surgery, but the fruit would be useless commercially or even to give to a friend.

For the twig borer, two or three applications of spinosad are recommended, the most effective being just after the petals fall. I sprayed once, just as the buds showed color, intending to spray again as the petals dropped. The problem is that while blooming begins over a short period, the petal fall occurs over a couple of weeks, and so it's difficult to choose a good time. You need to avoid spraying the flowers while bees are visiting them, and so it should be done late in the day. As it turned out, I was only able to manage one thorough spraying in the pre-bloom stage.

The spraying definitely helped. There was still plenty of shoot tip damage but it was much less than in the previous two years. We had some fruit that matured beautifully intact. Much was damaged, but the surgery needed to separate the useable parts was less drastic. Based on this experience, I'll plan next year to do one complete pre-bloom treatment and will touch up parts of the trees as the petals fall.

I keep diluted spinosad in a 32-ounce spray bottle (15 ml of 0.5% concentrate) so that it is handy for small spritzing jobs. The manufacturer recommends discarding solution "not used within a few days", but some experiments done in Mexico showed that, protected from light and heat, it can be stored for months. In a sunny outdoors location, the estimated half-life was only 2 days, but in a shaded area of the laboratory with a mean temperature of 25°C (77°F), it retained 50% of its killing effect on mosquito larvae after 90 days. I interpret this to mean that diluted spinosad in a spray bottle will remain effective through a whole season if you store it in the shade.

I've used up my allotted space for this month, but I'll tell you more about spinosad in the next issue.



Bouquet of Thanks

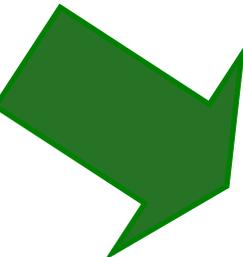
Since 2012, the Bouquet of Thanks (BOT) Committee has delivered seasonal floral tributes purchased or created by our club members to honor local veterans. Our donations grace the bedside tables, public areas and chapel at our La Jolla VA Medical Center, bringing joy to the patients, their families, and staff.

Thanks to the generosity of new and renewing members as well as our board, BOT now has a healthy budget to begin our year. We have already begun planning a year of exciting projects, starting with our signature "Pumpkins for Patriots" event.

On Tuesday, October 17th, we will meet at St. James By The Sea Church in La Jolla from 10 AM until about 1 PM to create approximately 100 to 120 succulent-topped pumpkins for bedside tables and public areas at the VA. First priority will be given to sign ups (either by phone or email prior to our September 14th meeting) from the BOT committee. At our September 14th club meeting, we will accept sign-ups from the general membership for any remaining spaces at this very popular event. As always, we will provide instruction, materials, tools, and snacks. Donations of succulents, pumpkins, and cash for supplies are most welcome. Please contact Julia Sheldon for sign ups or questions. Thank you so much for your continuing support!

Julia Sheldon (Chair) 858-792-0131
juliaisheldon@gmail.com

Attention All Spindrifter Contributors



The editors would like to remind you that not submitting your articles to **both** editors may result in the editor for that month not receiving your submission. Please be sure to submit all articles to:

Lynn Jewell jewellbox@cox.net
Nancy Palmtag npalmtag@msn.com

Diane Bell has now officially retired as editor of the Spindrifter after years of dedication to VGCLJ.

Fall and Holiday Tablescapeing Workshop With A Light Lunch in “Provence”

Date: Thursday, November 9, 2017

Time: 11:00am – 1:00pm

Workshop Fee: \$30

Place: Domaine de Manion

Presenter: Bonnie Jo Manion

Domaine de Manion in Encinitas is the fabulous Southern French setting for this November workshop conducted by VGCLJ member Bonnie Jo Manion.

In this workshop, you will watch Bonnie create an extraordinary tablescape which will transform the table from Autumn splendor to the Winter holidays. A light Provençal lunch will be served before you stroll the vineyard, vegetable gardens, and mingle with the chickens on the way out.

You will be able to sign up at the September meeting. We will be limiting this workshop to 20 members

Ways and Means – Market Place

This year for Ways and Means we will be continuing with the Market Place Theme. We will have a Garden Market, Décor Alley, and The Garden Grind.

The Garden Market will have seasonal items to plant and/or eat.

Décor Alley will feature various guest vendors selling both new and vintage items.

The Garden Grind will feature beans from local small batch roasters and/or specialty teas.

In September, plan to choose from our large selection of bulbs, delicious local apples in the Garden Market, coffee from Bird Rock Roasters, and maybe something you’ve been looking for in Décor Alley.

Come by and check it out!





Welcome!



L to R: Shannon Turner, Maureen Gibbons, Elaine Bradbury, Catherine Fraser, Margaret Dudas, Janet Francis, Kathy Nahum, Lisa Lomax, Deanna Weeks, Mary Jo Sindici

Not pictured: Suzanne Barclay, Kim Devoe, Susan Hoehn, Penelope Perryman, Paige Perkins



GREAT NEWS ABOUT PARKING!

Thanks to Bill Klansnic , starting with the April, 2017, meeting there will be more parking available for VGCLJ members and their guests!

- You can now enter the parking garage from either entrance.
- Be sure to take the parking ticket with you. There will be two validation machines for your convenience.
- NOTE: Don't place your ticket next to your cell phone because doing so sometimes deactivates the strip.



Kudos



A Column for those working behind the scenes

We would like to thank Arthur Dawson for all the informative and thoughtful columns entitled “Edibles Along the Coast” that he has so generously contributed to our Spin publications over the years. Thank you, Arthur, for this valuable contribution to our garden club newsletters.

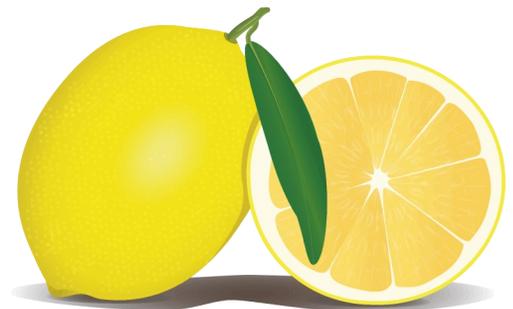
Lazy Mary Lemon Tart

At the lemon sharing table of the executive board meeting, one of the committee chairs shared this recipe. Since lemons are plentiful right now, I thought you might be interested in the recipe.

Use any pie crust, your own or a premade one from the store.

Ingredients:

- 1 large Meyer lemon, chopped
- 1 1/2 cups superfine sugar
- 1 stick unsalted butter, at room temperature
- 1 teaspoons pure vanilla extract
- 4 large eggs



Preheat the oven to 350°. In a blender, combine the Meyer lemon, superfine sugar, butter, vanilla and eggs and puree until smooth. Pour the mixture into the tart shell. Bake for 40 minutes, until the filling is set. Transfer the tart to a rack and let cool to room temperature, 3 hours. Serve at room temperature or chilled.

And yes! That's right. Use the WHOLE lemon in the blender. You might want to remove the seeds, however.



Hibiscus are deciduous shrubs or trees prized for their large, brightly-colored and trumpet-shaped blossoms. Native to the tropical regions of the world, there are over 200 species in the genus. Hibiscus is a member of the Mallow family. The flower is considered edible with a tangy, citrus taste. In Mexico, dried hibiscus is a culinary delicacy while other countries use hibiscus to make teas. Hibiscus tea contains vitamin C and other minerals. It is the national flower of South Korea and Malaysia. Tahitian women wear a single red hibiscus flower behind their ears to signal suitors that they are available for marriage.

The Village Garden Club of La Jolla
c/o Annette Ritchie-Buis, Mailing Committee
7890 Torrey Lane
La Jolla, CA 92037-3807

