



The
Village
Garden
Club
of
La Jolla
California

The Spindrifter

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Club
of
La Jolla
California

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General Meeting
Thursday, March 28, 2019
Guests \$15

CONGREGATION BETH ISRAEL

9001 TOWNE CENTRE DRIVE, SAN DIEGO

Parking garage on site; Enter from Golden Haven Drive

9 –10:30 a.m. Hospitality Hour

10:30-11:00 a.m. Business Meeting

11:00 –Noon Program

The Village Garden Club of La Jolla
proudly presents the 17th Annual



Expressions In Art & Flowers

Thursday March 28, 2019

9:00 a.m. to 12 Noon

Event Chairs: Suzanne Barclay and Elaine Butz

Don't miss out!

Last month's meeting featured artwork and floral designs created by our club members. Members' paintings, sculptures, pottery, jewelry, needlework, photographs, and other media displayed at the February 28th meeting will provide inspiration for the creative floral designs.

At the March 28th show and monthly meeting, the art pieces will be displayed along with the interpretive floral designs. In addition, there will be four special interviews with artists and floral designers along with music and refreshments to enjoy.

~From the Co-Presidents' Desk~



Despite what happened as our program came to a close – see a Matter of Manners below – our February meeting was bursting with creativity and energy. Our members' art work for the upcoming Expressions, chaired by Suzanne Barclay and Elaine Butz, always amazes me for the talent displayed, even though there were concerns in recruiting a full complement of floral designers. Several of those who enjoy floral arranging were not at this meeting, but hopefully will fill the few remaining gaps.

At the same time the Marketplace's first ever Vintage Sale proved extraordinarily popular and successful - making over \$1,000 in clear profit for our Club! It was a brilliant idea and a lot of work – for which Sue Kalish and Maureen McMahon deserve many congratulations. Who knew this would draw such a fantastic response?

Breaking with tradition, Devonna, chair of the Nominating Committee, presented next year's slate of officers a month earlier than usual – and what a wonderful team! Although their election will not be until April, this early announcement allows time for the incoming slate of officers to absorb all there is to learn in a large club such as ours.

Our meeting finished with Carol Bornstein's most interesting and timely talk on landscaping with native plants – a theme that ties in with Susan Starr's upcoming field trip – a Day with the Natives – in March.

However, I am sorry to have to write this, but there is a Matter of Manners that needs to be addressed. Let me start with a story. A few years ago, a past Program Chairman made a cold call in the hopes of recruiting a particular speaker, and began by saying "I'm calling from the Village Garden Club of La Jolla..." Before she could say another word, the speaker responded with an enthusiastic "YES" - such was our Club's reputation among the speaking circuit for the courtesy and hospitality with which we treat our speakers.

Sadly, our February meeting fell short of that reputation, and several of our members spoke of how embarrassed they were for our Club by the lack of courtesy shown to our speaker. Not waiting until she had finished her talk, many members noisily started moving and conversing in such a way that was upsetting to others, and drowned out the attempts of those wanting to ask questions.

So, here are guidelines I hope we all will observe in the future:

Please refrain from carrying on personal conversations during the program including the question and answer period.

Our programs last approximately 45 minutes with 10 minutes for questions, and finish shortly before noon. Please allow for that time frame in making your post-meeting plans.

If you have to leave early please sit on the side at the back and leave discretely.

I know - and am glad - that we are a club of friends who enjoy connecting and socializing with each other, but let's be respectful of our speakers – as well as our fellow members.

Penelope West
Bonnie Sipe



*Village Garden Club of La Jolla Garden Tour
Members Only
Thursday, April 18, 2019 10 am – 2 pm
Tickets for sale at March meeting \$10
\$15 Day of Tour*

Gayle and I are excited to present to you four beautiful gardens this year. Our captains and docents are getting ready to lead you through these gardens and provide a memorable and instructive day. Come witness what draws these gardeners outside to their little bit of heaven, and learn new ideas for your own garden. All four gardens are in Point Loma which makes getting to all the gardens much easier. Information sheets will be handed out at each garden. Starting with the Fletridge garden at 1442 Carleton Square, you can then proceed to the two gardens in the Wooded Area which are very close to one another – 3569 Silvergate Place and 439 Silvergate Avenue. Then drive to La Playa and enjoy 510 San Fernando St. #202. Take time to chat with friends, taste the finger foods and drinks in all four gardens and get to know members.

Any questions, please call Elaine Bradbury 619-818-3322 or Gayle Eales 619-454-4717



Plants and Peacocks on Tuesday, May 7, 2019

Join us on May 7 for our final field trip of the year. We will be visiting both Leo Carrillo Historic Ranch in Carlsbad and Anderson's Nursery in La Costa. The trip includes a 90 minute Docent-led tour of the Ranch where we will be able to visit both the historic buildings and the landscaped gardens. May is prime season for peacock viewing; we hope they will be out for our tour. After lunch, we journey to Anderson's La Costa Nursery in Encinitas where the staff will tell us all about new plants on the market for summer 2019.

Time: 9:45 a.m. to 2:30 p.m. **Cost:** \$35 including lunch. **Transportation:** Carpool.

Please note: we will walk approximately 2/3's of a mile at Leo Carrillo Ranch. Tour route includes trails, uneven ground, and stairs.

SCHOOLYARD GARDENING GRANTS PROGRAM



Thank you for your support of this project through your donations and ongoing purchases at our Ways and Means table. The children's garden books for gifting have been very popular. We will have them again in March for spring, and Easter baskets tied with a packet of cheerful sunflower seeds. Please stop by. This spring our committee will be touring school sites to observe what is growing, as well as to assess the progress of our annual grant funding that goes directly to schools throughout the county.

Our committee met January 31st to hear an update from Janelle Manzano, the Farm to Table specialist of the San Diego Unified School District's "Garden to Cafe" program. About 120 schools in this district have school gardens. Presently 16 elementary and 3 middle schools are certified to serve produce directly from their gardens to the school cafeteria salad bar. The impacts have been an increase in school involvement and meal participation. They've found less food waste with children willing to eat more fruits and vegetables when they have helped grow them. Since 2014 our club has provided \$1,000 annually to assist with the certification process and allocate prize contest funds based on harvest volume and frequency to stimulate excitement among students. Our donation from our 2018 Alice Waters Meet the Masters luncheon has yet to be expended. This unrestricted donation will be used to produce a video that can be taken to schools for marketing to new schools and to recruit new parent schoolyard garden coordinators. As students move out of the elementary level, there needs to be ongoing recruitment of future volunteer participation. The goal is to see more Garden to Cafe schools become certified.

Melody Petersen
Melodydp@me.com

GARDENERS' EXCHANGE

Thanks so much for all of your contributions for our February meeting. Our tables were fully covered by items! Please continue to collect plants, cuttings, seeds, and seedlings (with labels), vases, planters, baskets, dishes, bowls, frames, books, gardening supplies, tools, and garden decorations BUT save them for our **April** meeting. There will be **NO Gardeners' Exchange table in March**. We are looking forward to seeing our Expressions in Art and Flowers displays, so we'll be busy admiring the amazingly wonderful and beautiful creations instead. Thanks again for all of your interest and contributions, and we look forward to seeing you at our **April** meeting table.

Happy gardening from the Gardeners' Exchange Committee co-chairs,
 Clara Blenis and Suzanne Thomas.





UPCOMING GARDENING EVENTS



Friday, March 22 – Sunday, March 24 San Diego County Orchid Society

“Orchid Treasures,” spring show and sale. Friday: 3:00 PM – 7:00 PM, Saturday: 9:00 AM – 6:00 PM, Sunday: 10:00 AM – 4:00 PM. Scottish Rite Event Center, 1895 Camino del Rio South, San Diego. Cost: one-day \$10, weekend-pass \$12, children under age 12: free. More Information: <http://sdorchids.com>.

Thursday, March 28 Crown Garden Club

Martha Hartwell will address “Worm Castings/Vermicomposting.” Social: 9:00 AM, meeting: 9:30 AM. The Will Room, Coronado Library, 6400 Orange Ave, Coronado. More information: <http://crowningardenclub.org>.

Saturday, April 6, Sunday, April 7 Southern California Plumeria Society

Annual Cutting Sale. 10:00 AM – 4:00 PM. Room 101, Casa del Prado, Balboa Park, San Diego. More Information: <http://socalplumeriasociety.com>.

Please check our Village Garden Club of La Jolla website <https://www.vgclj.com> for more events. Check individual organization websites for details and updated information since this posting. There are listings for many events as well at <http://www.sdfloreal.org/calendar.htm>

Pat Parks

RSVP Early for an Amazing Get Together!

Lenore Hughes was a member of the Village Garden Club when she was living in La Jolla. As she says, “I loved my time in the club. I loved Adrienne Green plus I think your community projects are terrific.” You may remember Lenore from the presentation she gave to the club several years ago on the history of mazes. She also talked about creating a maze in the Santa Barbara Botanic Garden in celebration of the Santa Barbara Garden Club’s 100th anniversary. Her talk so inspired our member, Diana Lombrozo, that she created a maze in her own garden.

Lenore is an artist (see her website: lenorehughes.com) who will be showing her work at the St. James by the Sea Art Gallery April 14th - May 26th. She is going to donate 10 percent of her sales to VGCLJ. In honor of Lenore’s gift, we would like to host a party for her at Diana’s home. The first 40 members to RSVP will be invited.

*An aMAZing Afternoon
Wine and Appetizers with Lenore*

April 16, 2019
3pm - 5pm

Diana Lombrozo’s home

Directions to Diana’s home will follow.

JACARANDA DONATIONS DEADLINE

To remember a loved one or honor someone with a Jacaranda tree donation in 2019, please submit your donation forms by April 1st. Donation forms are in your handbook on page 47. Donations received after April 1st will be recognized at the 2020 Dedication Ceremony.

This year's Dedication Ceremony will be held on May 15, 2019 at 1:00 pm at the Darlington House in La Jolla.

Please come. You are all welcome.

Jan Nelte and Linda Shaw



Bouquet of Thanks Workshop Wrap-up

Our Bouquet of Thanks Tillandsia Workshop, chaired and hosted on February 21st by Annette Ritchie-Buis, was a great success! Eleven intrepid volunteers braved inclement weather to produce about 150 Tillandsia (air plant) creations, some mounted on grapevine or driftwood and others in shells. The arrangements this year were lighter weight, which made them easy to handle, pack, and deliver. We staged all the materials outside, and Annette found space inside for all of us where it was warm to work and plied us with coffee and yummy chocolate cake. It was a delightfully creative team, and everyone had a great time.

In addition to Annette, we owe a special thanks to Britta Brice, who donated about 70 Tillandsias from her garden, Alice Harmon for producing our signature enclosure cards, and club members who donated beautiful shells and driftwood. Many of our regular volunteers stepped aside to let some new people participate. After serving a wonderful chicken chili lunch, Annette delivered all the arrangements to the VA Hospital in La Jolla, where they were much appreciated and admired. Thank you to all for helping make this workshop a success again for the sixth year.

Julia Sheldon, Bouquet of Thanks Chair



Nominating Committee Report



The membership will vote on this slate in April, and the installation of officers will be in May.

Back by overwhelming demand: Nan Kaufman will preside over the installation of officers again this year. Our May speaker from the Huntington, Tom Carruth, said last year, he'd never seen an installation of officers as charming as Nan's. What a compliment! Thank you, Nan!

Devonna Hall, Nominating Chair



Over the Garden Gate

"I can't wait to go to sleep so I can hurry up and wake up again!"

Jeanne's husband Mark just rolls his eyes when she tells him this. But it is exactly how she feels. There are so many things she can't wait to do that there is never enough time in the day to do them all!

She baked her first cake when she was five years old, and her father labeled her "the dessert queen." Besides baking she loves cooking too. When her kids were in school she studied cooking with Jacques Pepin, Julia Child, Hugh Carpenter, Paula Wolfert, and Giuliano Bugialli. She wanted to learn everything there was to know about cooking technique and food.



For several years Jeanne and Melody Petersen conducted workshops on entertaining – before Martha Stewart. They would demonstrate how to set a table, plan a menu, and create a table centerpiece. Jeanne and Melody also had a quarterly newsletter that included many of our tried and true ideas and recipes. This past fall Jeanne conducted a Woodland Wreath Workshop for our own garden club.

San Diego is Jeanne's hometown. She went to Point Loma High, where she was the only girl in her Graphic Arts class, then onto study Graphic Design and Photography at SDCC and Advertising Design at UCSD. She loves a design challenge and solving a design problem. She also spends many happy hours painting and doodling in her backyard art shed.

Art and design, baking, cooking, flower arranging, ballet, friends and family, spending time with her Art Sisters, and volunteering are vital and fulfilling parts of Jeanne's every day activities, all of which fill her life with complete happiness and joy.

Jeanne has been a member of VGCLJ since 1996.



Linda Shaw, Jacaranda Co-Chair,

for her initiative, tenacity and success in pursuing planting opportunities for our Jacaranda trees.

VGCLJ cordially invites you to

"How Does Your Garden Grow?"

Coming Soon ...

Reservations accepted at the March & April Meetings or mail a \$30 check payable to VGCLJ to Ann Hill, 2208 Willow Street, San Diego, CA 92106. Reservation deadline May 15, 2019.
Margaret Dudas, Chair

What: A picnic in the garden

When: May 23, 2019

Time: Immediately following meeting



Photography

Photo of new officers slate. They are named.

<https://vgclj.smugmug.com/Displays-and-Committees/Displays-and-Committees-1/i-Cbwdr3x/A>

Art for Expressions

<https://vgclj.smugmug.com/Events/2018-2019-Expressions-in-Art-and-Flowers/Art-for-Expressions>

Marge Palmer, Photography



GROWING EDIBLES ON THE COAST – 98

English Peas

When we first grew English (or garden) peas half a century ago, we had great success with heirloom varieties like Tall Telephone. As pathogens have built up in our intensively cultivated beds, peas have become a real challenge, probably because of Fusarium wilt. Plants will grow happily until they're beginning to flower and then over the course of a week or so, will shrivel and die. From what I read, these are the symptoms of *F. oxysporum f.sp pisi* race 2. We try to rotate the plantings and usually get a small harvest, but it's very frustrating to see half or more of the plants die before the pods reach a useful size. Rotation is not likely to be a successful strategy in our small garden because once the soil is thoroughly infected the spores can survive a decade or more. This year we have a new bed that we've filled with commercial potting soil so we're hoping for at least temporary success. We've turned mostly to snap peas, which seem more resistant and produce over a longer period of time, but we keep trying to grow English peas because they're so delicious. Frozen peas aren't bad but they can't compare with those shelled right from the garden.

Currently we're growing Bolero, which is supposed to be the most disease-resistant variety. We usually make two plantings a year, in September and in January or February, but occasionally we have done three or even four. The earlier plantings are less troubled by powdery mildew, but the wilting disease is a problem regardless of when they are started.

Peas can be planted directly in the ground but will do better if they are pre-sprouted between wet paper towels for two or three days, especially during the coldest months. The new roots shouldn't be allowed to grow more than a quarter inch before the seeds are set out, as the longer rootlets are easily broken. We used to plant them in straight compost but now avoid doing that since it's probably swarming with pathogens. I wonder if planting them in several inches of potting mix might reduce wilting but haven't tried that yet.

We don't fertilize peas. They are nitrogen-fixers and get nitrogen from the atmosphere. The fixing is actually done by the soil bacterium, *Rhizobium leguminosarum*, which forms nodules on the roots. Some sources recommend a light application of a low-nitrogen fertilizer when peas are first planted, but there is a danger of encouraging foliar over fruit growth.

Peas are open-pollinated and will breed true if you save the seed. We did this for a few years but have abandoned the practice as part of our battle against disease. Likewise, you would think that the old plants would be a wonderful addition to the compost pile, but we now put most of our spent vegetable plants in the green garbage.

Our peas haven't been much troubled by insect pests. The most damaging attacks have been by birds, mostly sparrows, which feast on the young leaves, especially close to the ground. For a couple of years we covered our plants with netting or with row cover. That adequately protects the plants, and the current generation of sparrows seem to have forgotten about this delicacy. They haven't bothered our peas this year, though we haven't made any effort to cover them. No doubt they'll be back some time, but now we know what we need to do to deter them.



APRIL 25TH IKEBANA WORKSHOP

Learn how to arrange flowers the Japanese way with top-ranked ikebana master, Jackie Zhang. This will be a hands-on workshop with materials being provided for your own personal arrangement to take home (flowers, container, floral wet foam and hand outs). The workshop will be limited to 20 people, so be sure to sign up at the March meeting. The workshop will be held right after the April 25th meeting.

Linda Bienhoff and Peggy Sbardellati

FYI:

Saturday, March 16, Sunday March 17 Ikibana International Chapter 119 of San Diego

Spring Fantasy Exhibition featuring flower arrangement demonstrations at 11:30 AM, 1:00 PM and 2:30 PM. Admission free 11:00 AM – 4:30 PM. Room 101, Casa del Prado, Balboa Park, San Diego. More Information: <https://www.ikebanasandiego.org>

**TIME TO RENEW
YOUR
MEMBERSHIP**

PLEASE RENEW YOUR MEMBERSHIP!!!

Membership renewal forms
are available
on the club's website

Deadline May 1

YEARBOOK

We Would LOVE to
Recycle Your Old Yearbook!
Please bring it the Membership Table in March

Garden & Home Tour Season

April 27, 2019 – Saturday 9am – 4 pm, Tickets \$35, *LIMITED TICKETS! AVAILABLE NOW!*

Registration may already be closed

San Diego Horticultural Society Spring Garden Tour - Tour will highlight gardens amid the hills of LaMesa.

John Robert Beaudry's award-winning garden featured in the Nov. 2018 San Diego Home & Garden magazine is one of the gardens on display. Local artisans will be selling their handcrafted garden art. <https://sdhort.org>

MAY

May 3, 2019 –Friday 9am – 2pm. Tickets \$50-60 (LAGUNA BEACH) *TICKETS AVAILABLE MARCH 2.*

Laguna Beach Gate & Garden Tour – Docent-led walking tour. Breathtaking gardens in a stunning private gated community and adjacent neighborhood. <https://www.lagunabeachgardenclub.org>

May 4, 2019 – Saturday 10am – 4pm, Tickets \$30 - *AVAILABLE NOW*

18th Annual Point Loma Garden Walk & Marketplace - 6 homes will be showcased, some excellent estate sized homes and private gardens, all in the La Playa neighborhood of Point Loma.

<http://www.pointlomagardenwalk.com>

May 4, 2019 – Saturday 9am – 3pm,

Fallbrook Garden Club Horticulture Specialty Flower Show Stay tuned for more details.

Fallbrook Historical Society fallbrookchamberofcommerce.org

May 11, 2019 - Saturday 10am – 4pm, Tickets \$25 *TICKET SALES AVAILABLE MARCH 1.*

Mission Hills Garden Walk and Marketplace - 21ST Annual - 10 beautiful gardens showcasing Birds & Bees * Flowers & Trees

<http://www.missionhillsgardenclub.org>

By Margie Smith-Haas

**The Village Garden Club of La Jolla
c/o Annette Ritchie-Buis, Mailing Committee
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