



The Spindrifter



April 2019

Volume 45, Issue 8

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General Meeting
Thursday, April 25, 2019

-
Open to Guests

Congregation Beth Israel
9001 Towne Centre Drive, San Diego

Parking garage on site; Enter from Golden Haven Drive

9 –10 a.m. Hospitality hour

10-10:30 a.m. Business meeting

10:30-11:45 a.m. Program

“ Harnessing the Power of Plants to Fight Climate Change”

Presented by Joanne Chory, Ph.D.

The Salk Institute Plant Biology Laboratory is ranked the number one research organization for plant biology in the world, rated by the number of highly cited papers with the most impact. Led by Joanne Chory, Ph.D., professor and director of plant molecular and cellular biology laboratory. According to Dr. Chory, “plants are the foundation for all human life on earth, providing food, fiber, medications, building materials, and the oxygen we breathe. (cont’d on pg. 3.)



From the Co-President's Desk

In all the years that I have been gardening in La Jolla, I don't think there has ever been a cool season like we have experienced this year. It may have been cooler than usual, but oh that rain! Seemingly it kept coming, gently, week after week, soaking deep into the ground, restoring our trees, sprouting wildflowers everywhere, and allowing me to turn off my garden water for an unprecedented four months.

There is an energy to April. We see it in the plants around us, and experience it in our Club's activities. This is a busy month, with the Healing Garden holding a spring work party; the Farm to Table field trip rescheduled after a rain check in February; the Members' Garden Tour in Point Loma, which is sure to be a treat; and a workshop on the art of Ikebana floral arranging, that will follow our Club meeting. It is truly amazing what our club has to offer.

Amazement is also the word to describe last month's Expressions in Art and Flowers. Susan and Elaine deserve accolades for their leadership in organizing this show that could rival any museum event. Every year the words "best ever" come to mind, but I really think each and every year we are "wowed" as our members surprise and delight us with fresh, intriguing and beautiful floral interpretations of members' art work. I must also mention that this year's Refreshment table was itself a work of art – a "glass act" beautifully decorated with flowers and wonderful finger food, for which each donor received a charming little thank you gift.

April is a critical time for our club, because membership renewals and new applications are due by the end of the month. Renewing online is most helpful to our Yearbook editors; but forms can be downloaded from our website or picked up at the membership table. Most importantly we will be voting on the new Slate of Officers for next year. As you fill out your membership renewal I hope you will be thinking of ways in which you can contribute to the success of our club, lending your skills, ideas and time to our various committees.

Penelope West and Bonnie Sipe
Co-Presidents



Dear Members: We have an eminent speaker this month on a very important subject. However, we think it would be helpful for you to know that Joanne Chory is courageously dealing with Parkinson's Disease. She is keen to share her extensive knowledge with us, and we are very appreciative of her being our program speaker.

- Penelope

(cont'd from pg. 1) Moreover, we have to better understand how plants grow if we are going to feed 10 billion people by 2020, provide alternatives to fossil fuel, and understand the impact human activity is having on our environment." Plants are self-sufficient, as long as we take care of the environment, but humans need plants for survival. Also, plants—trees and flowers— bring joy and air the world over.

Plant science research is more important now than ever before to help meet not only the demands of a rapidly growing human population but also the disruptions of climate change. How plants grow and adapt to different environments is critical due to the major impact global warming is having on soils everywhere. Salk plant scientists are passionately dedicated to finding paths to a more sustainable and healthier future.

Please join us for the Members Garden Tour on April 18th from 10am – 2pm

A reminder that there are four beautiful gardens in Point Loma waiting for you. You can pay \$15 exact cash or check at the door. The addresses are:

- 1442 Carleton Square 92106
- 439 Silvergate Ave 92106
- 3569 Silvergate Place 92106
- 510 San Fernando St 92106.

Refreshments will be served at all four gardens. Any questions, please contact Elaine Bradbury or Gayle Eales. Hope to see you there!

La Jolla Historical Society's
*Secret Garden Tour
 of La Jolla*



Saturday May 18, 2019

With a Garden & Gift Boutique at Wisteria Cottage
 lajollahistory.org | 858.459.5335

Friday Night Candlelight Garden Soirée
 May 17, 2019

SAN DIEGO
 HOME & GARDEN
 MEDIA SPONSOR



An invitation from
The Village Garden Club
of La Jolla
May 15, 2019
*Jacaranda Tree
Dedication Ceremony*

A short program dedicated to those
for whom Jacaranda trees have been
planted from May 2018 to April 2019

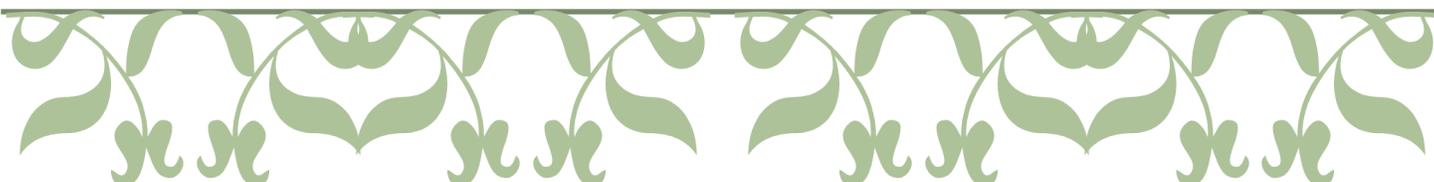


Horticulture

Join us at the Horticulture tables this month as we display the abundance of blooming plants from our gardens! Please bring something from your yard to share! You can label it or we can provide labels when you get here.

Allison McGee will provide a colorful and informative display on how we can include more native pollinator and nectar plants in our gardens. Wildlife so appreciates it when home gardeners plant the plants they need to eat, nest and survive! Stop by and pick up some tips on what you can do in your own garden.

If you are interested in Horticulture and would like to help us create monthly displays, please contact SHARONPATEL99@GMAIL.COM.





UPCOMING GARDENING EVENTS

By Pat Parks



Sunday, April 14, Coronado Floral Association

"Flower Power, Looking back to 1969," Coronado Flower Show", 10:00 a.m. -4:00 p.m. Spreckles Park, 601 Orange Ave. Coronado. More information: <http://coronadoflowershow.com/2019-show>

Wednesday, April 17, San Diego Floral Association Meeting

Mel Resendiz will present "The Beauty of Protea." 1:00 p.m. Social: 1:30 Meeting, Room 101, Casa del Prado, Balboa Park, San Diego More Information: <http://sdhort.org>

Wednesday, April 24, Ikebana International Chapter 119 of San Diego

A vase making workshop will be presented by Hiroko Szechinski from the Sogetsu School of Design 10:00 a.m. Room 101, Casa del Prado, Balboa Park, San Diego. More Information: Yuko Burkett, 858-454-989 : <http://www.ikebanasandiego.org>

Saturday, April 27, Bernardo Gardeners

Embark on a self-guided tour through five beautiful gardens. 10 a.m. -3:00 p.m. Cost \$20 per person Ticket Sales Walter Anderson Nursery, 12755 Danielson Ct. Poway – More information: <http://bernardogardeners.org>

Saturday, April 27, Cuyamaca College

26th Annual Spring Garden and Butterfly Festival – Parking and admission are free 9:00 a.m. – 3:00 p.m. 900 Rancho San Diego Parkway, El Cajon: More information: <http://cuyamaca.edu/academics/oh.Springfest/default.aspx>

Saturday, May 4, 10:00 a.m. – 4:00p.m. Tickets \$30 -18th Annual Point Loma Garden Walk and Marketplace

Supports Rady Childrens Hospital, 6 homes will be showcased, some excellent sized estates and private gardens, all in the La Playa neighborhood of Point Loma. More information: <http://www.pointlomagardenwalk.com/>

Saturday, May 11, Saturday 10:00 a.m.- 4:00 p.m. Mission Hills Garden Walk & Marketplace – 21st annual, Tickets \$25 before May 11 - \$ 30 day of the event Rain or Shine

Visit 10 beautiful gardens showcasing Birds & Bees *Flowers and Trees. Purchase tickets Mission Hills Nursery, 1525 Stockton Drive More information: <http://www.missionhillsgardenclub.org>

Please check our Village Garden Club of La Jolla website <https://www.vgclj.com> for more events. Check individual organization websites for details and updated information since this posting. There are listings for many events as well at <http://www.sdfloreal.org>

IMPORTANT SURVEY RE: POSSIBLE MEETING TIME CHANGE

Please make your voice heard. Your opinion is important to us.

Because many members contend with the height of rush hour traffic to get to our meetings, it has been suggested that starting a half hour later might ease the problem. The suggested monthly schedule would be as follows:

9:30 – 10:30	Social Hour
10:30 – 11:00	Business Meeting
11:00 – 12:15	Program
12:30 – 2:30	Workshops (if scheduled)

No change in our present timing will be made before hearing from our members.

Email your response to: penelopewest1@gmail.com

Type "Survey" in the subject line

Indicate: YES, make the change, or NO, stay the same.

(cont'd from pg. 5) **Wednesday, April 23rd: Ikebana International Chapter 119 of San Diego**

Casa Del Prado, Room 101, Balboa Park, 10:00 AM

A flower workshop will be led by Akiko Bourland in the Ohara School of Design.

More information: Yuko Burkett, 858-454-9894 or <http://www.ikebanasandiego.org/>

Saturday, April 26th: California Native Plant Society Workshop

Museum of Photographic Arts, Balboa Park, 9 AM to 3:20 PM. Early Bird Registration through April 10th: \$40; General Registration after April 10th: \$45; Door Tickets (if available): \$50

“Create Habitat and Give Back to Nature with California Native Plants.”

More Information: <https://www.cnpssd.org/events>

Sunday, April 27th: Rose Pruning Seminar by John Clements

Private garden - 17312 El Vuelo, Rancho Santa Fe, CA, 10:30 AM to 12:00 PM. Free Event

Learn pruning techniques on hybrid teas, grandifloras, polyantha, landscape, and David Austin roses.

More information: <https://www.eventbrite.com/e/rose-pruning-seminar-tickets-54219236195?aff=ebdssbdestsearch#tickets>

Monday, April 28th: San Diego Rose Society Meeting

Casa Del Prado, Room 101, Balboa Park, 7:00 PM

This month's meeting will feature Christian Bedard from Weeks Roses.

More information: <http://www.sdrosesociety.org/>

Tuesday, April 29th: Rosecroft Gardens and Estate

Point Loma Assembly, 3035 Talbot Street, 5:00 PM to 7:00 PM. Free Event.

“The Story of Alfred D. Robinson and the Rosecroft Gardens and Estate,” presented by Vonn Marie May.

More information: <https://www.eventbrite.com/e/rosecroft-gardens-estate-the-story-of-alfred-d-robinson-tickets-53273464366?aff=ebdssbdestsearch>

Saturday, February 16th: San Diego Botanic Garden

San Diego Botanic Gardens, 8:00 AM to 12:00 PM. Registration varies by category.

“5K Paw Walk in the Garden 2019.”

More information: <https://www.sdbgarden.org/pawwalk.htm>

PLEASE RENEW YOUR MEMBERSHIP!!!

MEMBERSHIP RENEWAL FORMS

ARE AVAILABLE

ON THE CLUB'S WEBSITE

May 1st is the Deadline

NEW MEMBER Applications are also due on May 1st

Congratulations!



Left to Right: Suzanne Ward, Marilyn Sorenson, Maureen McMahon, Mary Ruyle, Susan Harris, Sheryl Lester, Sue Kalish, Sue Miller and Julie Fiss

I am pleased to announce the slate of officers for 2019-2020:

Co-President: Sue Kalish

Co-President: Sue Miller

Co-1st Vice-President: Sheryl Lester

Co-1st Vice-President: Susan Harris

Co-2nd Vice-President: Maureen McMahon

Co-2nd Vice-President: Mary Ruyle

Treasurer: Cindy Lococo

Co-Recording Secretary: Marilyn Sorenson

Co-Recording Secretary: Suzanne Ward

Corresponding Secretary: Julie Fiss

Members will vote on this slate of officers at the April meeting.

Nan Kaufman will be presiding over the installation of officers at the May meeting.

Thank you to the Nominating Committee: Libby Levine, Linda Shaw, Mary Anne Brown, and Dori Robbins McCue.

Devonna Hall, Chair of Nominating Committee

Be on the Lookout!

If we haven't found you already, we're on the lookout for your favorite recipe, memory, speaker, or comment about our garden club. My committee is hard at work gathering your "favorite things." We're wearing our chef's hats during the social hour so please feel free to approach us with a copy of your recipe, to share your thoughts with us, or to ask a question. We'd love to have a memory or recipe from each member so help us out if we haven't approached you yet or if you haven't been able to attend the meetings. We'll also be at our table in the back of the room.

Thanks for your participation!

Robin Vandever, Chair

Field Trip -

Plants and Peacocks on Tuesday, May 7, 2019

We still have a few openings on our May 7th field Trip to Leo Carrillo Historic Ranch in Carlsbad and Anderson's Nursery in La Costa. The trip includes a 90-minute docent-led tour of the historic structures and the gardens at the Ranch, where we will be accompanied, we hope, by wild peacocks in their mating season. After lunch at a nearby restaurant, we will drive to Anderson's La Costa Nursery in Encinitas, where the staff will tell us all about new plants on the market for summer 2019. If you would like to join us, stop by the Field Trip table at the April club meeting or email Susan Starr, Field Trip Chair, susanstarr1@gmail.com.



Date and Time: May 7th from 9:45 a.m. to 2:30 p.m. Cost: \$35 including lunch.

Transportation: Carpool

Please note: we will walk approximately 0.6 miles at Leo Carrillo Ranch. Tour route includes trails, uneven ground, and stairs.

Email correction for Anita Lindberg: Lindberg711@icloud.com

The Moores Cancer Healing Garden



The Moores Cancer Healing Garden Committee is pleased to announce that we are having a major work party Saturday April 6 to renovate and refresh the garden. It has been quite awhile since our last work party. We're very excited to be able to provide the patients with new and beautiful plants during this work party. In addition the plants, we will be adding new pots and a special focal point for the patients to enjoy.

All of our funding comes from our member's donations. We really appreciate all of you who have supported the Healing Garden in the past. The garden means so much to the patients, their families and the employees in the Infusion Center. Many of us have had patients and their family members approach us to thank us for maintaining the garden for them.

We appreciate your continued support and donations for the Moores Cancer Healing garden. We will be updating you in the next Spindrifter with a few before and after photos of the Healing Garden.

Again, thank you so much for your support.

Debi Nichols co-chair
Jan Davis co-chair

Photography - Expressions in Art and Flowers 2019

I would like to extend a special thanks and gratitude to my photography team, Lisa Bartzokas, Janet Evans, Alice Harmon, Dianne Holmes, Jill Holmes, and Ann Glazener.

From assembling the backdrop, removing the signage from the displays, adjusting lighting, advising and checking cameral angles, moving the backdrop, helping to pack up Wednesday evening and taking photos the next day, they were willing and able. They were there for moral and physical support, as well as for their design and photography expertise. It is a very special experience to work with such talented and beautiful ladies who love learning and make the impossible possible. I learn so much from them.

Kudos to our remarkable Expressions Co-Chairs, Suzanne Barclay and Elaine Butz, for a beautiful event. It was a joy to work with them. Thank You!

Links for Expressions in Art and Flowers:

<https://vgclj.smugmug.com/Events/2018-2019-Expressions-in-Art-and-Flowers/2018-2019-Expressions-in-Art-and-Flowers-Displays>

Program: (includes photos of artists and floral designers with their art)

<https://vgclj.smugmug.com/Events/2018-2019-Expressions-in-Art-and-Flowers/2018-2019-Expressions-in-Art-and-Flowers-Program>

- Marge Palmer



Plant Profiles – 16

Phalaenopsis Orchids

by Arthur Dawson

Over the half-century that I have collected orchids they have evolved from a specialty item for the enthusiast to a commodity for the mass market. At Trader Joe's you'll find Dendrobium, Oncidium-Odontoglossum, Zygopetalum, Cymbidium and occasionally Cattleya, Phaphiopedilum and Miltonia groups. However, the supermarket offerings are dominated by Phalaenopsis. For a price ranging from \$8 to less than \$20, less than you would pay for a florist's bouquet, you can own a plant that will remain in bloom with minimal care for 3 to 6 months. The breeders have produced an amazing range of blooms from clear white to speckled, spotted or striped with red, violet, orange and yellow. At that price you can discard a plant after the last flower has dropped but it takes no great skill to keep it going until its next blooming period.

Some of the smaller and more brightly coloured blooms were produced by crossing Phalaenopsis with the closely related genus, Doritis, but the genera were recently lumped, and so the plants called Doritaenopsis are now 'Phals'. When I studied biology 70 years ago, organisms were considered of the same species if they could produce fertile progeny. Orchids put the lie to that concept long ago and quadrigeneric hybrids like Potinara (Cattleya, Brassavola, Laelia and Sophronitis) cross readily with other members of the Cattleya alliance. In the Phalaenopsis alliance, crosses of up to five genera are recognized, including matings of seemingly distant relatives like Phalaenopsis and Vanda.

The genus includes some 70 species, mostly native to Southeast Asia and Indonesia. Many are epiphytes, growing on trees under the rainforest canopy, which explains their tolerance of low ambient light and their need for adequate humidity, especially at night. While the native species of Phalaenopsis thrive in environments ranging from the Himalayas to tropical jungle, most of the cultivated hybrids need warmer temperatures than Cattleyas. They will survive a winter outdoors in my unheated greenhouse but they won't thrive. We keep our plants, while they're out of bloom, in an unused tub in the bathroom where they get adequate illumination through the skylight. They are intolerant of direct sunlight. Even a few minutes will produce unsightly burns on the leaves and an hour or more can be lethal. For all that, they are not difficult to maintain and, if their modest requirements are met, they'll reward you with long-lasting blooms once or twice a year.

I believe that one reason that 'Phals' have displaced the Cattleya group as the most popular orchid is that they are relatively untroubled by Boisduval scale, the most deadly and the most difficult to treat of orchid pests. They do get attacked by brown scale occasionally, but that can be eliminated by inspecting the plants every few months and wiping off the shells, with or without rubbing alcohol. Mealybug is more of a problem and, if a plant is attacked, it will require wiping or spritzing with isopropyl alcohol at weekly intervals perhaps three times to be sure that you get each generation.

When you buy a 'Phal' at the supermarket, look for a plant with at least four unopened flower buds at the end of the spray. It will remain in bloom for much longer than one whose flowers are open all the way to the tip.

Expressions in Art and Flowers 2019



Thank you for coming to the 17th Annual Expressions in Art and Flowers! We had an amazing display of art and floral designs for you to enjoy. Thank you to all of our members who displayed their amazing talents in art and floral design. We had a great variety of textiles, paintings, photographs and sculpture. All of the floral designs were a perfect complement to those.



Elaine and I would like to thank our wonderful dedicated committee for all of their help in making it a successful show! We appreciate the camaraderie and getting to know everyone better. Special thanks to Mistress of Ceremonies, Jeanne Smith, for her wonderful commentary and interviews. Thank you to Leslie Dupree, Kitty Spence and Nancy Tagwerker for their wonderful display and delicious refreshments. Also, special thanks to Margie Smith Haas for preparing the historical slideshow for us. Thanks to Jimmy Patton, who once again, provided us with inspirational, background music.

Ashley Macklin-Solomon from the La Jolla Light came to the event. Look for her article in the La Jolla Light. Also, Marge Palmer took wonderful photos from the show available at this link: <https://vgclj.smugmug.com/Events/2018-2019-Expressions-in-Art-and-Flowers/2018-2019-Expressions-in-Art-and-Flowers-Displays> as well as <https://vgclj.smugmug.com/Events/2018-2019-Expressions-in-Art-and-Flowers/2018-2019-Expressions-in-Art-and-Flowers-DisplaysProgram> (includes photos of artists and floral designers with their art).

Best Regards, Suzanne Barclay and Elaine Butz



“Plant science research is more important now than ever before to help meet not only the demands of a rapidly growing human population but also the disruptions of climate change.”

- Joanne Chory, Ph.D., The Salk Institute Plant Biology Laboratory

**The Village Garden Club of La Jolla
c/o Annette Ritchie-Buis, Mailing Committee
7890 Torrey Lane
La Jolla, CA 92037-3807**

